



## Nutritional information

Cow & Gate Apple & pear, Foods 4-6 months

Composition	Typical values per 100g
Energy	211 kJ / 50 kcal
Fat	0.2g
of which saturates	0g
Carbohydrate	10.6g
of which sugars*	8.8g
Fibre	2.2g
Protein	0.3g
Salt	0.01g
Vitamin C	12.7mg
Vitamin C	51% LRV†

\*Contains naturally occurring sugars.

\*\*1 portion of fruit for a 1 yr old = 40-60g, infants will eat less.

†Labelling Reference Value for infants & young children.