



## Nutritional information

Cow & Gate Apple crumble, Foods 7 months +

Composition	Typical values per 100g
<b>Energy</b>	253kJ /60kcal
<b>Fat</b>	0.7g
of which, saturates	0.4g
<b>Carbohydrate</b>	12g
of which, sugars*	6g
<b>Fibre</b>	1.2g
<b>Protein</b>	0.8g
<b>Salt*</b>	0.01g
<b>Vitamin C</b>	15mg <sup>†</sup>

\*contains naturally occurring sugars and salt only

<sup>†</sup>60% of Labelling Reference Value; a guide to the daily amount of vitamin C for infants and young children