



Nutritional information

Cow & Gate, Paella with veggies, fish & turkey, Foods 12 months +

Nutrition information	Typical values per 100g	Typical values per 230g¹
Energy	305kJ / 73kcal	701kJ / 167kcal
Fat	2.4g	5.6g
of which saturates	0.4g	0.8g
Carbohydrate	9.6g	22.1g
of which sugars*	1.2g	2.7g
Fibre	0.8g	1.9g
Protein	2.6g	6.0g
Salt	0.32g	0.73g

*contains naturally occurring sugars

¹provides 1 serving