



Nutritional information

Cow & Gate Pear & berries rice cakes, Foods 7 months +

Typical values	per 100g	per 8g portion ¹	Units
Energy	1639	131	kJ
	386	31	kcal
Fat	1	0.1	g
of which saturates	0.4	<0.1	g
Carbohydrates	87.5	7.0	g
of which sugars	14.2	1.1	g
Fibre	1.3	0.1	g
Protein	6.1	0.5	g
Salt*	0.03	<0.01	g
Vitamins			
Vitamin B ₁ (Thiamin)	0.5 ¹	0.04	mg

*Contains naturally occurring salt

¹An 8g portion equals 5 rice cakes. This pack contains five 8g portions.