



Nutritional information

Cow & Gate, Veggie & turkey risotto, Foods 10 months +

| Composition | Typical values per 100g |
|---------------------|-------------------------|
| Energy | 284kJ / 68kcal |
| Fat | 3g |
| of which, saturates | 0.1g |
| Carbohydrate | 6.2g |
| of which, sugars* | 1.5g |
| Fibre | 1.7g |
| Protein | 3.1g |
| Salt* | 0.03g |

*contains naturally occurring sugars and salt only