



Nutritional information

Cow & Gate Apple, pear & raspberry, Foods 7 months +

Composition	Typical values per 100g
Energy	218kJ / 52kcal
Fat	0.1g
of which, saturates	0g
Carbohydrate	11g
of which, sugars*	6.9g
Fibre	2.5g
Protein	0.4g
Salt*	0.01g
Vitamin C	15mg [†]

*contains naturally occurring sugars and salt only

[†]60% of Labelling Reference Value; a guide to the daily amount of vitamin C for infants and young children