



Nutritional information

Cow & Gate Banana, mango & coconut, Foods 4-6 months

Composition	Typical values per 100g
Energy	321 kJ / 76 kcal
Fat	1.9 g
of which saturates	1.6 g
Carbohydrate	13.8 g
of which sugars*	12.8 g
Fibre	0.9 g
Protein	0.6 g
Salt	0.01 g
Vitamin C	20 mg
Vitamin C	80% LRV†

*Contains naturally occurring sugars.

**1 portion of fruit for a 1 yr old = 40-60g, infants will eat less.

†Labelling Reference Value for infants & young children.