



## Nutritional information

Cow & Gate Courgette & hake rice, Foods 7 months +

Nutrition information	Typical values per 100g	Units
<b>Energy</b>	237	kJ
	56	kcal
<b>Fat</b>	1.8	g
of which, saturates	0.2	g
<b>Carbohydrate</b>	7.2	g
of which, sugars*	1.2	g
<b>Fibre</b>	0.9	g
<b>Protein</b>	2.4	g
<b>Salt*</b>	0.05	g

\*contains naturally occurring sugars and salt only