



Nutritional information

Cow & Gate Creamed carrot & potato, Foods 4-6 months

Composition	Typical values per 100g
Energy	205kJ / 51kcal
Fat	1.1g
of which, saturates	0.005g
Carbohydrate	7.4g
of which, sugars*	2.8g
Fibre	2.3g
Protein	1.1g
Salt*	0.05g

*contains naturally occurring sugars and salt only