



Nutritional information

Cow & Gate Mini beef casserole, Foods 4-6 months

Composition	Typical values per 100g
Energy	343kJ / 82kcal
Fat	3.4g
of which, saturates	1.1g
Carbohydrate	8.3g
of which, sugars	2.2g
Fibre	2.1g
Protein	3.5g
Salt*	0.07g

*contains naturally occurring sugars and salt only