



Nutritional information

Cow & Gate Orchard fruit yoghurt, Foods 7 months +

Composition	Typical values per 100g
Energy	291kJ / 69kcal
Fat	1g
of which, saturates	0.5g
Carbohydrate	13.4g
of which, sugars*	10g
Fibre	1.2g
Protein	1g
Salt*	0.05g
Vitamin C	15mg [†]

*contains naturally occurring sugars and salt only

[†]60% of Labelling Reference Value; a guide to the daily amount of vitamin C for infants and young children