



Nutritional information

Cow & Gate, Pumpkin & rosemary breadsticks, Foods 10 months +

Nutrition information	Typical values per 100g	Typical values per 14g [†] portion	Units	% LRV per portion [†]
Energy	1848	259	kJ	
	439	61	kcal	
Fat	12	1.7	g	
of which, saturates	5.8	0.8	g	
Carbohydrate	70.6	9.9	g	
of which, sugars	2.7	0.4	g	
Fibre	3.0	0.4	g	
Protein	10.6	1.5	g	
Salt*	0.38	0.05	g	
Vitamins				
Vitamin B ₁	0.6	0.08	mg	16%

*contains naturally occurring salt

[†]Labelling Reference Value for infants and young children

[†]A 14g portion is about 5 breadsticks. There are approximately seven 14g portions in a bag.