



## Nutritional information

Cow & Gate Sunday lunch with veggies & chicken, Foods 10 months +

| Composition         | Typical values per 100g | Typical values per 230g <sup>1</sup> |
|---------------------|-------------------------|--------------------------------------|
| <b>Energy</b>       | 313kJ / 75kcal          | 721kJ / 172kcal                      |
| <b>Fat</b>          | 2.2g                    | 5.1g                                 |
| of which saturates  | 0.3g                    | 0.8g                                 |
| <b>Carbohydrate</b> | 9.2g                    | 21.2g                                |
| of which sugars*    | 1.9g                    | 4.4g                                 |
| <b>Fibre</b>        | 2.0g                    | 4.6g                                 |
| <b>Protein</b>      | 3.5g                    | 8.0g                                 |
| <b>Salt*</b>        | 0.06g                   | 0.13g                                |

\*Contains naturally occurring sugars and salt only.

<sup>1</sup>provides 1 serving