



Nutritional information

Cow & Gate Veggie & turkey risotto, Foods 4-6 months

Composition	Typical values per 100g
Energy	258kJ / 62kcal
Fat	1.6g
of which, saturates	0.1g
Carbohydrate	7.6g
of which, sugars*	0.7g
Fibre	1.5g
Protein	3.3g
Salt*	0.03g

*contains naturally occurring sugars and salt only