



Nutritional information

Cow & Gate Follow on Milk, 800g EaZypack

Nutrition information

Typical values per 100ml

		Vitamins		Minerals		Others	
Energy	285kJ 68kcal	Vitamin A	67µg- RE	Sodium	17mg 4%	Choline	10mg
Fat	3g		17%	Potassium	77mg	Taurine	5.3mg
of which saturates	1.3g	Vitamin D ₃	1.5µg		8%	Inositol	3.7mg
Carbohydrate	8.6g		21%	Chloride	54mg	L-Carnitine	0.95mg
of which sugars	8.5g	Vitamin E	1.2mg		11%	Nucleotides	3.2mg
of which lactose	8.3g		α-TE	Calcium	68mg	GOS/FOS*	0.8g
Fibre	0.6g		24%		12%		
Protein	1.4g	Vitamin K ₁	5.1µg	Phosphorus	37mg		
Salt	0.04g		43%		7%		
		Vitamin C	9.5mg	Magnesium	4.5mg		
			21%		6%		
		Thiamin (B ₁)	0.06mg	Iron	1mg		
			11%		13%		
		Riboflavin (B ₂)	0.09mg	Zinc	0.57mg		
			13%		11%		
		Niacin (B ₃)	0.45mg	Copper	0.041mg		
			6%		8%		
		Pantothenic Acid	0.35mg	Manganese	0.007mg		
			12%		1%		
		Vitamin B ₆	0.04mg	Fluoride	≤0.003mg		
			6%	Selenium	1.6µg		
		Folic Acid	12µg		8%		
			10%	Iodine	13µg		
		Vitamin B ₁₂	0.13µg		16%		
			16%				
		Biotin	1.5µg				
			15%				

% values refer to Labelling Reference Values

*Galacto-Oligosaccharides & Fructo-Oligosaccharides