



## Preparation & storage

### Cow & Gate Follow on Milk, 800g EaZypack

#### Powder

|                 | Amount of water ml/fl oz |   | Number of level scoops |
|-----------------|--------------------------|---|------------------------|
| Approx 1 beaker | 210                      | 7 | 7                      |

Because powdered milks are not sterile, failure to follow instructions may make your baby ill.

- For hygiene reasons, do not store made-up feeds. Make up each feed as required and always discard unfinished feeds after 2 hours.
- If necessary offer cooled boiled water between feeds. Do not heat in a microwave. Hot spots may occur and cause scalding.
- Storage – use powder within 4 weeks of opening and store in a cool dry place – do not refrigerate.



- 1** Wash hands and sterilise all utensils according to manufacturers' instructions



- 2** Boil 1 litre of freshly run water. Leave to cool for 30 minutes. Do not use artificially softened or repeatedly boiled water.



- 3** Measure the required amount of water (refer to feeding guide) into a sterilised beaker. Do not add powder to boiling water due to risk of scalding.



- 4** Using the scoop provided, level off the powder with the built-in leveller. Do not press/heap the powder.



- 5** Add one scoop to every 30ml (1 fl oz) of boiled cooled water. Add the correct number of scoops to the water. Adding too many or too few scoops can be harmful.



- 6** Replace seal on bottle. Shake well (for 10 seconds) to dissolve powder. Remove seal, replace with a sterilised teat.



- 7** Cool under running tap. Check temperature of feed. Feed immediately.