



Preparation & storage

Cow & Gate Growing Up milk, powder 800g

Powder

	Amount of water ml/fl oz		Number of level scoops (1 scoop = 5.0g)
1 beaker	150	5	5

From 1-2 years, your toddler will need about 2 x 150ml beakers of growing up milk per day. We recommend one beaker in the morning and one at night. Always use the scoop provided, please note the colour of the scoop may change from time to time.

Because powdered milks are not sterile, failure to follow instructions may make your toddler ill.

- For hygiene reasons do not store made up milk drinks. Make up each feed as required, and discard unfinished drinks within 2 hours.
- Do not heat in a microwave, hot spots may occur and cause scalding.
- Do not leave your toddler alone whilst eating and drinking.



1 Measure 150ml or 5fl oz boiled, cooled water into a clean beaker



2 Using the scoop provided, add 5 levelled scoops of powder into the beaker



3 Replace clean lid on beaker. Shake well for 10 seconds to dissolve powder.



4 Check temperature and drink immediately.